

INFORMATION AND INSCRIPTIONS

- o In www.rutaalfonsoxiii.com–Phone: 665 054 966 / 666 496 212
- o The inscriptions will be made through the web site.
- o Federated: from 20th February to 8th March–€ 7.00. From 9th to 16nd March–€ 10.00.
- o Non-federated: from 25nd February to 8th March–€ 9.00. From 9th to 16nd March–€ 12.00.
- o Inscription includes: individual accident insurance, coach travel, provisioning and fellowship meal.
- o You will also have access to a gift, controls and safety on the route, first-aid kit and ambulance.
- o The inscription money will be refunded only within the registration period and if the places are covered, minus € 0.50 for management fees.

RECOMMENDATIONS:

- o Wear comfortable shoes, preferable mountain boots, comfortable sportswear, warm clothes, walking sticks, raincoat, hat, sun cream, ...
- o Carry a mobile phone.
- o Carry own liquid or solid food. The provisioning provided by the organization will be a complement to that carried by the participants.
- o Do not leave any garbage.
- o Do not lose the path and notify the organization in case of leaving the route.
- o Punctuality is requested.
- o Any problem, injury or illness should be communicated to the members of the organization.

Contact phone number:

665 054 966 Hermi / 666 496 212 Nines / 620 130 721 Ester

Organised by:



IV Ruta ALFONSO XIII PR-CC 212

Organiza:



Las Mestas - Casares de Las Hurdes Domingo 20 de marzo de 2022

Inscripciones 300 plazas máx:

Federados:

Del 20 de febrero al 8 de marzo: 7,00€

Del 9 al 16 de marzo: 10,00€

No Federados:

Del 25 de febrero al 8 de marzo: 9,00€

Del 9 al 16 de marzo: 12,00€

Incluye seguro accidentes individual, desplazamiento en bus, comida y obsequio

Circuito Camina
Extremadura 2022



ALFONSO XIII
Diseño: Pilar Salgueiro

Ruta incluida en la Liga de Senderismo FEDME

Inscripciones:
www.rutaalfonsoxiii.com
www.fexme.com
www.tucrono.com



Ruta senderista lineal

Larga: 24 km

Corta: 19 km

Salida Bus: 7:45 CASARES DE LAS HURDES

Salida Ruta: 9:00 LAS MESTAS

Dificultad: Alta

Foto: Herminia Muñoz Bronchales



II ROUTE “ALFONSO XIII” THROUGH THE VALLEYS OF LADRILLAR AND CASARES DE HURDES

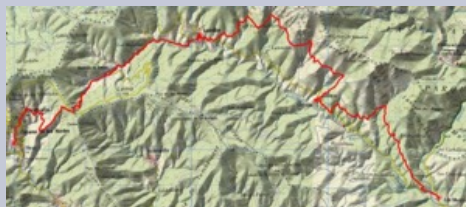
We leave Las Mestas walking in front of the Church of Our Lady of Mount Carmel (this construction dates from the 16th century) and continue along the road towards Cabezo (both farmsteads that belong to Ladrillar) until we find a path that zigzags up to a forest track of 6.5 km long that will take us to Cabezo, where we could enjoy the architecture of the place and the welcoming of its people.

From there, we ascend until reaching the viewpoint of Cabezo, where we can enjoy spectacular views. We continue uphill and we find ourselves in a stone sea where the path continues. Zigzagging between holm-oak groves and creeks we continue going up to reach 1000m, where we can observe the Cotorra Peak. From this latitude we start descending among rockroses and heather to the viewpoint of Ladrillar, a perfect place to make a stop and enjoy the wonderful views. We continue our way to the town of Ladrillar. Crossing the town and following the Ladrillar river bed, we will get to Riomalo de Arriba (farmstead of Ladrillar) where we can observe its characteristic architecture of round houses and slate roofs.

Continuing our way, we ascend along a small path surrounded by strawberry trees and heather until we reach the viewpoint of Las Carrascas. This beautiful viewpoint is in the mountain range that separates the valley of Casares de Hurdes from the valley of the Ladrillar River. From a bird's eye view, we can see the mountain pass of Casares, spectacular views over the Corredera mountain range and a wonderful view of the mountains of Las Hurdes that extend to infinity, quite an experience for the body and soul.

From here, we descend along a path (4 km) going through Carabusino until arriving at Casares de las Hurdes. In this path we can observe the typical man-made orchard terraces of Las Hurdes. The main square of Casares de las Hurdes is our final destination.

Exhausted but joyful we have reached the finish line. The wonderful landscape, the sensations experienced and the kindness of its people will remain in our memory.



Approved hiking trail: PR-CC212
 Start: Las Mestas
 Finish: Casares de Las Hurdes
 Bus departure: 7:45 h (Casares de Las Hurdes)
 Hora de Salida: 9,00 horas
 Hora de Llegada aprox.: 15,00 horas



M.I.D.E.			
Medio	Itinerario	Desplazamien	Esfuerzo
3	2	2	4

LOCATION AND ACCESS

The town of Casares de las Hurdes is located at 40° 26' 24" north latitude and 6° 17'21" west longitude, at 686 metres above the sea level.

It has a population of 528 inhabitants.

We can reach Casares de las Hurdes via the EX-204 road both from Coria and from Salamanca, arriving to Vegas de Coria, where we will connect with the CC-55.2 road.

There is also an access from Ciudad Rodrigo via SA-V-216 > SA-V-92 > SA-V-149 > CC-55.3.

INFORMATION

- o Information and inscriptions at www.rutaalfonsoxiii.com.
- o This is a linear route, it begins in Las Mestas (long route) or Cabezo (small route) and ends in Casares de Las Hurdes. To start the route there will be buses that will transfer the hikers from Casares de Las Hurdes to Las Mestas or Cabezo, except for the groups that bring their own bus and notify in advance.
- o The long route is 24 km and the small one, 19 km, of medium-high difficulty. This is an approved hiking trail (PR-CC-212) and it will be signposted with beacons and ribbons. There will also be volunteers along the entire route.
- o The reception and control of hikers will be at 7:45 am.
- o Departure will be at 9:00 am. The route will last approximately 6 hours. The hikers who at 14:00 have not arrived at farmstead of Riomalo de Arriba will have a bus waiting to move them to Casares de Las Hurdes, to avoid that the hikers miss the events planned on arrival in Casares de Las Hurdes and the route getting too long.
- o The inscriptions will be made through the blog www.rutaalfonsoxviii.com and www.tucrono.es
- o Participation is opened and without an age limit, although the participation of minors is subject to the express authorization from their parents or guardians. Children under 14 must be accompanied by an adult.
- o In case of leaving the route, it must be communicated it at the nearest control point. Participants will follow the instructions given by the organization at all times.
- o Before the beginning of the route, each participant will receive a numbered bracelet, which must be worn at all times and presented at the different control points along the route.
- o Certain risks are inherent in hiking, as it is a sport activity and the natural environment in which it develops can be insecure. Its practice entails the acceptance of this fact and after the information offered about the route, the participation in the same will be the responsibility of each of the attendees.